



## RnR Sports LLP Liability Waiver

**WARNING: READ CAREFULLY. THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO TAKE LEGAL ACTION AGAINST RNR SPORTS LLP AND OTHER PARTIES. DO NOT SIGN OR AGREE TO THIS AGREEMENT (VIA MAKING PAYMENT FOR SERVICES) UNLESS YOU HAVE READ IT IN ITS ENTIRETY. SEEK THE ADVICE OF LEGAL COUNSEL IF YOU ARE UNSURE OF ITS EFFECT.**

In consideration of RnR Sports LLP providing coaching services to me; I, for myself, and on behalf of my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this waiver and release of liability, assumption of risk and indemnity agreement:

1. I hereby represent that (i) I am in good health and in proper physical condition to participate in and receive coaching from RnR Sports LLP and their coaches; and (ii) At no time whilst receiving coaching will I be under the influence of alcohol and/or any illicit or prescription drugs which would in any way impair my ability to safely participate. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in this activity.

2. I recognise that RnR Sports LLP and other parties are not able to provide medical advice with my medical fitness and that the information they have collected is used as a guideline and any tips and advice are for my consideration and I should consult a medical professional with respect to any medical or fitness concerns. I hereby accept that any physical activity that I undertake hereon is at my own risk and that RnR Sports LLP or other individuals will not be held liable.

3. I understand and acknowledge that the physical and mental rigors associated with physical activity, triathlon, cycling, running, endurance sports or other multi-sport events and other portions of such events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; accidents, contact or collision with other participants, spectators, vehicles or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the RnR Sports LLP or Others; and other undefined risks and dangers which may not be readily foreseeable or are presently unknown risks. I understand that these risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the RnR Sports LLP, or the acts, inaction or negligence of the released parties defined below, and I hereby expressly assume all such risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in activity. I understand that if any time during exercise I feel tightness of the chest, difficulty in breathing, dizziness or tiredness, I should stop and ask for advice of what to do next from a medical professional. If I suffer any injury or niggle, illness or other medical condition I will inform my performance planner/coach.

4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties: RnR Sports LLP (including all partners, coaches and other

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staff members), Ryan Bowd, Ralph Hydes, Clare Hydes, Mary Twitchett, sponsors or venues, with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature, which may arise out of, result from, or relate to my receiving coaching and/or participating in group events and the advice given, including claims for liability caused in whole or in part by the negligence of the released parties. I further agree that if, despite this agreement, I, or anyone on my behalf, makes a claim for liability against any of the released parties, I will indemnify, defend and hold harmless each of the released parties from any such liability which any may be incurred as the result of such claim.

5. I grant full permission to any and all of the above parties to use any photographs, videos or images taken during RnR Sports LLP activity for RnR Sports LLP Marketing purposes or associated coaching related activity or publishing.

I hereby warrant that I have read this agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this agreement freely and voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this agreement. This agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this agreement. If any provision of this agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this agreement and shall not affect the validity and enforceability of any remaining provisions.

Signed:

Print name:

Date:

Next of Kin:	
Next of Kin Phone Number:	
Please provide details of medication required during exercise: (Note it is your responsibility to bring your medication!)	
Location of above medications:	